



We are looking for a **Farm Hand** to join our team this season. Work hours are Tuesday to Saturday, 8am to 3:30pm, with some flexibility on the schedule. Start date is May 1 with a minimum contract to the end of August, and a possibility to extend to end of October. The salary range is \$20-\$22 per hour depending on experience, and includes a paid lunch break, access to farm produce, and two paid sick days.

This role is a great opportunity to make a strong impact on our farm's story, and our community's local food security. We are looking for someone who shares our passion for growing food, loves being outdoors in all weather, and is a great communicator. Previous farming or landscaping experience is an asset, but a great attitude and a desire to learn with us are what matters most.

About us:

Looking over the Sechelt Inlet on the Sunshine Coast of BC, Heart & Sol Coastal Farm is a place to be inspired. We are a small-scale farm, operating on 5 acres on this un-ceded territory of the Shíshálh Nation also known as Sechelt. We farm using regenerative agriculture and permaculture principles, and we don't use chemical pesticides or herbicides in our garden. Our vision to create a beautiful space that inspires a connection with nature. Our mission is to get healthy, local, and delicious food in as many households as possible.

We grow produce and microgreens, raise happy hens and ducks for eggs, and raise a small flock of sheep. We also have a full commercial kitchen onsite where we make small batch artisanal products. We sell our products directly from our farm, through a local community CSA, the farmers' market, restaurants and stores. We also host a popular kids farm camp, workshops, and events.

Tasks:

- Garden bed preparation, propagation, seeding, weeding, planting, harvesting, packing, and general landscaping
- Animal care
- Quality Control
- Help establish, document, and improve our farm processes
- Operate farm equipment and machinery
- Customer service and market sales

Training:

- Comprehensive on-the-job training
- First Aid certification

Desired Skills & Qualities:

- Reliable & self-motivated, with a great work ethic and the desire to work outside in all weather
- Ability to work alongside a small team in a supportive and efficient manner, and to work both independently and as part of the team as required
- You enjoy being around kids, and take pride in showing them what you do
- Strong communication & problem-solving skills
- Ability to complete physically demanding and repetitive tasks, including lifting up to 40 lbs safely and efficiently
- Previous farm or landscaping experience, as well as experience operating farm tools such as a tractor or BCS, are an asset

We will consider all candidates, but as we have applied for wage subsidies to help fund this position, we will give preference to youth aged 15-30 years old. We strongly encourage youth who are underrepresented in the job market or face barriers to employment to apply, including black and other racialized youth, indigenous youth, 2SLGBTQIA+ youth. Must be a Canadian citizen, permanent resident, or granted refugee status, and be able to pass a criminal record check for the vulnerable sector.

To apply, email info@heartandsol.ca, tell us why you would be a great fit for this job, and include your resume / work experience.